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## Agency for Healthcare Research and Quality (AHRQ) CE/CME Activities

2016 – 2017 Course Catalog

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### 2016 – 2017 Course Catalog



The courses outlined in this resource represent a selection of the available library of AHRQ CE/CME activities. To explore all available learning activities, please visit <http://www.ahrq.gov/professionals/education/continuing-ed/index.html>.

### Preventing In-Facility Falls



Video



1 CE/CME Hours Earned



Estimated 1 Hour



Credit Available: Case Managers, Certified Health Education Specialists, Nurse Practitioners, Registered Nurses, Pharmacists, Physicians

Available until April 23, 2017

The goal of the video is to present information to a variety of health care professionals about available evidence on the benefits and harms of interventions that reduce the incidence of in-facility falls. The video will also convey information about the applicability and limitations of the evidence, as well as provide learners with information about accessing additional resources such as toolkits and other educational materials.

At the conclusion of this activity, participants will be able to:

1. Describe factors that place a patient at a greater risk of falling.
2. List the common elements of multicomponent falls prevention interventions.
3. Summarize the effectiveness of multicomponent in-facility falls prevention interventions.
4. Describe the most consistently supported themes of implementation for falls prevention programs.

**Enroll Now** at <http://bit.ly/1C3q3WC>



Access @AHRQNews free continuing-education resource on effective programs to reduce falls in hospitals: <http://bit.ly/1C3q3WC>

### Preventing In-Facility Pressure Ulcers



Article



1 CE/CME Hours Earned



Estimated 1 Hour



Credit Available: Case Managers, Certified Health Education Specialists, Nurse Practitioners, Registered Nurses, Pharmacists, Physicians

Available until April 23, 2017

The goal of the activity is to review important patient safety practices for evidence of effectiveness, implementation, and adoption of interventions aimed at preventing in-facility pressure ulcers.

At the conclusion of this activity, participants will be able to:

1. Describe some of the risk factors for developing pressure ulcers and accurately identify pressure ulcers.
2. Discuss the effectiveness of different interventions used in acute care settings to prevent pressure ulcers.
3. Discuss the effectiveness of different interventions used in long-term care settings to prevent pressure ulcers.
4. Identify barriers and potential solutions to implementing pressure ulcers prevention programs in acute and long-term care settings.

**Enroll Now** at <http://bit.ly/1GwC4K9>



Front-line staff, streamlined processes key to preventing patient pressure ulcers. Learn more - #AHRQ free #CME #CE: <http://bit.ly/1GwC4K9>

## Medication Reconciliation as a Patient Safety Practice During Transitions of Care

 Recorded Webinar



1 CE/CME Hours Earned

 Estimated 1 Hour



Credit Available: Case Managers, Certified Health Education Specialists, Nurse Practitioners, Registered Nurses, Pharmacists, Physicians

Available until May 19, 2017

The goal of the Webinar recording is to present information to a variety of health care professionals about available evidence regarding the effect of medication reconciliation on clinically significant discrepancies and hospital readmission, and to provide information about the MATCH toolkit.

At the conclusion of this activity, participants will be able to:

1. Define medication reconciliation as formal patient safety practice.
2. Identify four sources of medication information.
3. Describe what is known about potential harms associated with unintended medication changes at care transitions.
4. Describe the steps outlined in the MATCH toolkit for evaluating, designing, and implementing medication reconciliation processes.

**Enroll Now** at <http://goo.gl/5e3Qv3>

 Access @AHRQNews free continuing-education video on hospital-based medication reconciliation interventions: <http://goo.gl/5e3Qv3>

## Obtaining Informed Consent from Patients and Ensuring Documentation of Patients' Preferences for Life-Sustaining Treatment

 Recorded Webinar



1 CE/CME Hours Earned

 Estimated 1 Hour



Credit Available: Case Managers, Certified Health Education Specialists, Nurse Practitioners, Registered Nurses, Pharmacists, Physicians

Available until June 23, 2017

The goal of the Webinar recording is to present information from recent systematic reviews on two patient safety practices. Material will include essential components of informed consent and information about efforts to document and communicate patient preferences for end-of-life care.

At the conclusion of this activity, participants will be able to:

1. List the seven elements of a complete informed consent process.
2. Describe successful methods for increasing patient recall and comprehension for informed consent.
3. Explain the purpose of an advance directive and identify two preferences that may be specified in an advance directive.
4. Summarize results of recent systematic reviews regarding interventions to improve advance directive completion and interventions to improve end-of-life communication.

**Enroll Now** at <http://goo.gl/mYa8CR>

 What does research say re: interventions to improve informed consent & end-of-life communication? #AHRQ free #CME/#CE: <http://goo.gl/mYa8CR>



## Pharmacotherapy for Adults with Alcohol-Use Disorders in Outpatient Settings

 Article

 Estimated 1 Hour



1 CE/CME Hours Earned



Credit Available: Case Managers,  
Nurse Practitioners, Registered Nurses,  
Pharmacists, Physicians

Available until July 23, 2017

The goal of the activity is to provide clinicians with information about the benefits and harms of medications to treat alcohol-use disorders in outpatient settings.

At the conclusion of this activity, participants will be able to:

1. Identify medications that are efficacious for improving alcohol consumption outcomes in outpatient settings.
2. Summarize the comparative effectiveness and harms of medications included in the review for improving alcohol consumption outcomes in outpatient settings.
3. Describe the available evidence for medications included in this review for improving health outcomes such as accidents, injuries, quality of life, and mortality.
4. Describe some of the evidence gaps related to medication-based treatment for alcohol-use disorders, and potential future research that could address these gaps.

**Enroll Now** at <http://goo.gl/dKpDZp>

 Medications may help adults w/ #AlcoholUseDisorders reduce return to drinking. Learn & earn #CE/#CME from @AHRQNews: <http://goo.gl/dKpDZp>

## Menopausal Symptoms: Comparative Effectiveness of Therapies

 Video

 Estimated 1 Hour



1 CE/CME Hours Earned



Credit Available: Case Managers,  
Certified Health Education Specialists,  
Nurse Practitioners, Registered Nurses,  
Pharmacists, Physicians

Available until September 23, 2017

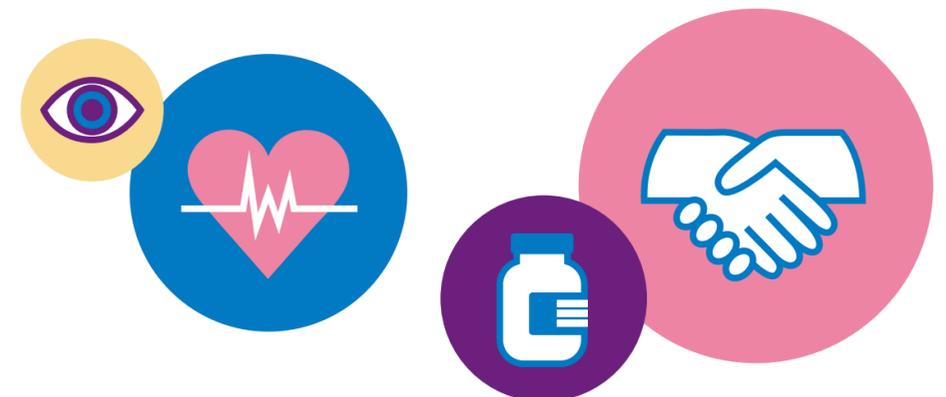
The goal of the activity is to provide a resource for health professionals to learn about the safety and efficacy of various therapies for treating symptoms associated with menopause. The video includes a patient-clinician interaction as an example of shared decision making and application of knowledge to clinical practice.

At the conclusion of this activity, participants will be able to:

1. Discuss the comparative effectiveness of different treatments for reducing menopausal symptoms and improving quality of life.
2. Discuss the effects of menopausal hormone therapy preparations on coronary heart disease, stroke, or venous thromboembolism; gallbladder disease; osteoporotic fractures; or endometrial, breast, colorectal, and ovarian cancer.
3. Discuss the effects of nonhormone therapy preparations on coronary heart disease, stroke, or venous thromboembolism; gallbladder disease; osteoporotic fractures; and endometrial, breast, colorectal, and ovarian cancer.
4. Identify factors that affect the applicability of the results of the review.

**Enroll Now** at <http://goo.gl/BD6BBN>

 Learn the risks & benefits of treatments for hot flashes and other menopausal symptoms – #CE #CME video from @AHRQNews: <http://goo.gl/BD6BBN>



## Diagnosis and Management of Gout

 Article



1 CE/CME Hours Earned

 Estimated 1 Hour



Credit Available: Case Managers,  
Nurse Practitioners, Registered Nurses,  
Pharmacists, Physicians

Available until March 14, 2018

The purpose of the activity is to provide a continuing education resource to health care providers interested in diagnostic and management strategies for patients with suspected, acute, or chronic gout.

At the conclusion of this activity, participants will be able to:

1. Identify signs, symptoms, and risk factors for gout.
2. Summarize the evidence for the accuracy and specificity of various diagnostic tests and strategies, including the accuracy and safety of specific tests.
3. Summarize the evidence, including relative benefits and harms, on pharmacologic and nonpharmacologic strategies for the management of acute gout attacks.
4. Discuss the benefits and harms of different pharmacologic therapies for managing hyperuricemia in gout patients.

**Enroll Now** at <http://goo.gl/U701Kw>



Learn about the benefits and harms of different treatments for gout & earn FREE #CE/#CME from @AHRQNews: <http://goo.gl/U701Kw>

## Management of Insomnia Disorder

 Article



1 CE/CME Hours Earned

 Estimated 1 Hour



Credit Available: Case Managers,  
Certified Health Education Specialists,  
Nurse Practitioners, Registered Nurses,  
Pharmacists, Physicians

Available until December 29, 2017

The purpose of the activity is to provide a continuing education resource to health care providers who encounter patients with sleep problems and are interested in the efficacy and comparative effectiveness of insomnia disorder treatments.

At the conclusion of this activity, participants will be able to:

1. Describe insomnia disorder, its prevalence, and its potential effects on physical and mental health.
2. Identify potential psychological interventions, prescription and nonprescription medications, and complementary and alternative medicine treatments for insomnia disorder.
3. Describe and discuss what is known about the efficacy and harms of treatments for insomnia disorder.
4. Summarize the limitations of the evidence examined in the systematic review.

**Enroll Now** at <http://goo.gl/hHMFEP>



Sleep problems are common concerns – learn more about treatments in a free #CME/#CE brief from partner @AHRQNews: <http://goo.gl/hHMFEP>

