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## Agency for Healthcare Research and Quality (AHRQ) CE/CME Activities

2017 Course Catalog

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### 2017 Course Catalog



The courses outlined in this resource represent a selection of the available library of AHRQ CE/CME activities. To explore all available learning activities, please visit <http://www.ahrq.gov/professionals/education/continuing-ed/index.html>.

### Pharmacotherapy for Adults with Alcohol-Use Disorders in Outpatient Settings



Article



1 CE/CME Hours Earned



Estimated 1 Hour



Credit Available: Case Managers, Nurse Practitioners, Registered Nurses, Pharmacists, Physicians

Available until July 23, 2017

The goal of the activity is to provide clinicians with information about the benefits and harms of medications to treat alcohol-use disorders in outpatient settings.

At the conclusion of this activity, participants will be able to:

1. Identify medications that are efficacious for improving alcohol consumption outcomes in outpatient settings.
2. Summarize the comparative effectiveness and harms of medications included in the review for improving alcohol consumption outcomes in outpatient settings.
3. Describe the available evidence for medications included in this review for improving health outcomes such as accidents, injuries, quality of life, and mortality.
4. Describe some of the evidence gaps related to medication-based treatment for alcohol-use disorders, and potential future research that could address these gaps.

**Enroll Now** at <http://goo.gl/dKpDZp>



Medications may help adults w/ #AlcoholUseDisorders reduce return to drinking. Learn & earn #CE/#CME from @AHRQNews: <http://goo.gl/dKpDZp>

### Menopausal Symptoms: Comparative Effectiveness of Therapies



Video



1 CE/CME Hours Earned



Estimated 1 Hour



Credit Available: Case Managers, Certified Health Education Specialists, Nurse Practitioners, Registered Nurses, Pharmacists, Physicians

Available until September 23, 2017

The goal of the activity is to provide a resource for health professionals to learn about the safety and efficacy of various therapies for treating symptoms associated with menopause. The video includes a patient-clinician interaction as an example of shared decision making and application of knowledge to clinical practice.

At the conclusion of this activity, participants will be able to:

1. Discuss the comparative effectiveness of different treatments for reducing menopausal symptoms and improving quality of life.
2. Discuss the effects of menopausal hormone therapy preparations on coronary heart disease, stroke, or venous thromboembolism; gallbladder disease; osteoporotic fractures; or endometrial, breast, colorectal, and ovarian cancer.
3. Discuss the effects of nonhormone therapy preparations on coronary heart disease, stroke, or venous thromboembolism; gallbladder disease; osteoporotic fractures; and endometrial, breast, colorectal, and ovarian cancer.
4. Identify factors that affect the applicability of the results of the review.

**Enroll Now** at <http://goo.gl/BD6BBN>



Learn the risks & benefits of treatments for hot flashes and other menopausal symptoms – #CE #CME video from @AHRQNews: <http://goo.gl/BD6BBN>



## Diagnosis and Management of Gout

 Article



1 CE/CME Hours Earned

 Estimated 1 Hour



Credit Available: Case Managers,  
Nurse Practitioners, Registered Nurses,  
Pharmacists, Physicians

Available until March 14, 2018

The purpose of the activity is to provide a continuing education resource to health care providers interested in diagnostic and management strategies for patients with suspected, acute, or chronic gout.

At the conclusion of this activity, participants will be able to:

1. Identify signs, symptoms, and risk factors for gout.
2. Summarize the evidence for the accuracy and specificity of various diagnostic tests and strategies, including the accuracy and safety of specific tests.
3. Summarize the evidence, including relative benefits and harms, on pharmacologic and nonpharmacologic strategies for the management of acute gout attacks.
4. Discuss the benefits and harms of different pharmacologic therapies for managing hyperuricemia in gout patients.

**Enroll Now** at <http://goo.gl/U701Kw>

 Learn about the benefits and harms of different treatments for gout & earn FREE #CE/#CME from @AHRQNews: <http://goo.gl/U701Kw>

## Management of Insomnia Disorder

 Article



1 CE/CME Hours Earned

 Estimated 1 Hour



Credit Available: Case Managers,  
Certified Health Education Specialists,  
Nurse Practitioners, Registered Nurses,  
Pharmacists, Physicians

Available until December 29, 2017

The purpose of the activity is to provide a continuing education resource to health care providers who encounter patients with sleep problems and are interested in the efficacy and comparative effectiveness of insomnia disorder treatments.

At the conclusion of this activity, participants will be able to:

1. Describe insomnia disorder, its prevalence, and its potential effects on physical and mental health.
2. Identify potential psychological interventions, prescription and nonprescription medications, and complementary and alternative medicine treatments for insomnia disorder.
3. Describe and discuss what is known about the efficacy and harms of treatments for insomnia disorder.
4. Summarize the limitations of the evidence examined in the systematic review.

**Enroll Now** at <http://goo.gl/hHMFEP>

 Sleep problems are common concerns – learn more about treatments in a free #CME/#CE brief from partner @AHRQNews: <http://goo.gl/hHMFEP>

